

Vegan Menu

Due to Government Legislation

(EU Food Information for Consumers Regulation 1169/2011)

Many manufacturers are unable to commit to an absence of specific allergens and therefore use disclaimers that food

“has been packed in an environment with”

Or “may contain traces of” certain allergens

Whilst we take every precaution in our kitchens, we can therefore no longer guarantee our food is free from many of these allergens.

Ingredients in the Vegan menu have no Animal Products listed in their ingredients.

However, traces may be present from packing environments, production lines and equipment at source.

We apologise for any inconvenience caused.

If you have any queries please ask to speak to the management.

*** Some of Our Ingredients come from a Factory where Products containing Egg and Milk are Processed**

The Eating House

**WHEN PLACING YOUR ORDER PLEASE INFORM
YOUR SERVER YOU REQUIRE YOUR MEAL TO BE
VEGAN**

**PLEASE DO NOT REMOVE FROM THE CAFÉ
Photocopies available on request**

BREAKFAST – SERVED 9 – 11.30am

Vegan Breakfast – Linda McCartney sausages, mushrooms and tomatoes, fried potatoes, baked beans and toast **£7.00**

Vegan Breakfast Baguette – Linda McCartney sausage with fried mushrooms and tomatoes **£6.95**

Vegan Sausage Sandwich – Linda McCartney sausages, on granary or white sliced bread **£4.75**

Vegan Vegeree – Spiced basmati rice with roast vegetables cooked with soya milk. **£7.95**

Fresh Fruit Salad **£4.95**

LUNCH – SERVED FROM 11.30

Sausage Baguette – Linda McCartney sausages cooked with chutney in a white or granary baguette with potato wedges and salad garnish **£8.95**

Falafel and Humous Baguette – With potato wedges and salad **£8.95**

Vegan Platter – Quinoa with roast pears, chutney, roast vegetables, crushed avocado, pistachios and crusty bread **£9.95**

Vegan Meze – Falafel, humous, house marinated olives, oil and vinegar, roast vegetables and crusty bread **£9.95**

Crushed Avocado on Toast – Topped with tomatoes. With salad **£8.50**

Vegan Vegeree – Spiced basmati rice with roast vegetables cooked with soya milk. **£7.95**

Quinoa Salad – Dressed quinoa with roast pears on a bed of salad **£8.50**

Humous and Roast Vegetable Filo Tart – With salad **£8.95**

Linguini Pomodoro – Pasta in a rich tomato sauce **£8.50**

Linguini with Tomato, Olives and Capers **£8.95**

Soup of the Day – With bread **£5.50**

Soup and a Sandwich – Large cup of soup with a choice of filled Baguette from below **£7.75**

Filled Baguettes – Served with salad

○ Homemade apple and pear chutney and salad **£6.25**

○ Roast vegetables **£7.25**

○ Humous with house marinated olives **£7.25**

Jacket Potatoes – Served with salad

○ Dairy free margarine **£5.50**

○ Humous and house marinated olives **£6.95**

○ Baked Beans **£6.95**

○ Roast Vegetables **£6.95**

Sides **Twice Cooked Potato Wedges £2.75** **Dressed Salad £2.75**

Humous and Oatcakes £3.75 **Marinated Olives and Bread £3.75**

Salted Edamame £3.25

Please see our cake cabinet and ask about today's Vegan cakes and puddings

When placing your order please be sure to inform your server you require your meal to be Vegan